

# Principle Based Subject Control Course

CPO II Conversion Training

Alberta Justice and Solicitor General

Accredited Training Course # A-20200603-0014



SETCAN CORP - STRESS EXPOSURE TRAINING

## SETCAN™ PRINCIPLE BASED SUBJECT CONTROL CPO II CONVERSION TRAINING PROGRAM

### Course Description

Setcan is proud to present the Principle Based Subject Control System CPO II Conversion Training program. Setcan's Principle Based Subject Control CPO II Conversion Training program is an eight day intensive program that combines three courses (Principle Based Subject Control/Use of Force, Tactical Communication/De-escalation, and Reality Based Training (RBT) Scenarios) into one.

The explosion of video recording of police actions, along with the ability to share the videos online, has allowed us to see how officers actually behave during real encounters. Advanced innovation in the area of dynamic scenario based training has also allowed trainer's to safely test their officers performance in a true to life stressful environment. When Setcan tested subject control skills from a random selection of officers within a large municipal police agency, a commonality of response was observed. What was most telling was that the techniques most commonly observed were not the techniques taught by the agency. As a result of these observations, Setcan began to research and identify the most common responses by officers along with developing flexible solutions to these dynamic encounters. The result is a program based on principles that can be applied in an unlimited manner, while still falling within operating guidelines of justified force.

### PROGRAM INCLUDES:

#### 1. Principle Based Subject Control/Use of Force

Balance and Stance, Tactical Handcuffing Control Before Handcuffing, Searching, Pressure Points, Principle Based Joint Locks/Take Downs, Personal Weapons, Ground Fighting, Oleoresin Capsicum (OC Spray), Baton Techniques and Tactics, Vascular Neck Restraint/Arm Shoulder Lock, Weapon Retention and Disarming, Edge Weapon Attacks.

#### 2. Advanced Tactical Communication/De-escalation

Understanding how to safely apply de-escalation tactics to each encounter. Identifying which characteristics are important to gaining compliance. Understanding the barriers of listening and how to overcome them. Mental Health Recognition and tactics to use to de-escalate if required. Tactics to deal with a Suicidal person. Understanding the importance of non-verbal communication being consistent with verbal communication. Dealing with people under the influence of drugs. How to recover (if possible) after you have said something that you regret.

How to deal with a subject that is displaying anger, hurt, embarrassment or other emotions. Why we should embrace verbal resistance and how to handle verbal abuse. Ensuring that we question ourselves to verify that through our communication we are contributing to the resolution and not the conflict. How to effectively use the proper questions for the best outcomes. What to say if time permits every time before we resort to force. Crisis Intervention broken down.

#### 3. Dynamic Reality Based Training Scenarios

Two full days of putting officers through dynamic scenarios will reinforce course content and force officers to problem solve under stress. Two days of RBT scenarios is the "Gold" standard to ensure students can perform under stress. In addition to better preparing officers, this is also very important for liability purposes.

### The Course will specifically address:

#### CURRENT ISSUES

- Tactical Battle – Court Implications
- The importance of keeping up to date with training, case law, and your own policies.
- Emotionally Disturbed People - case law.
- Officer Induced Jeopardy
- Excited Delirium – what is required of us?
- The importance of training officers to strike on the ground – case law.
- The importance of Tactical Communication
- Use of Force Models VS Section 25 of the criminal code

#### PRINCIPLE BASED CONTROL TACTICS

- The majority of your training time should be spent on what the video's tell you the suspects do 90% of the time.
- How to Read the Play - The importance and why you need to train your people for this!
- Neurological Pathways (Muscle Memory) - How trainers can create bad pathways and why it is imperative in training to create positive pathways!

#### TRAINING SCARS

- One Size Fits All – we all know this is not true. How to train people to understand their limitations, when to escalate, when to disengage, when to engage, call for assistance etc.
- Winning Mindset – Does a Winning Mindset mean "WE" will win no matter what? We must be realistic with training and train our people to win.

#### ...and much, much more.

• Target Selection - a key issue in what level of force you are using! • Why it is crucial to train all officers in all ranges with every weapon and without weapons. These ranges will be emphasized throughout the entire course • Protecting you, your officers, suspects/inmates, and your institution from liability issues. Quick and easy refresher training that covers the high end of the bell curve of Use of Force Encounters.

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