



# SHOCKNIFE®

## SPONTANEOUS EDGED WEAPON DEFENSE INSTRUCTOR COURSE



**How REAL is  
your TRAINING?**

SETCAN CORP. - STRESS EXPOSURE TRAINING CANADA

## SHOCKNIFE™ SPONTANEOUS EDGED WEAPON DEFENSE INSTRUCTOR COURSE

### Course Description:

After several years of extensive research, Shockknife Inc. has developed the Shockknife Spontaneous Edged Weapon Defense Instructor Course. This course is unlike any other edged weapon course being offered today. Shockknife filmed scenario after scenario of spontaneous attacks to identify how a human with minimal training will actually respond in these situations. The result is a system that accepts the natural human response and builds in a cognitive response once the brain has "caught up".

The system focuses specifically on sudden, unanticipated edged weapon attacks when the officer has not consciously prepared to respond. This course is perfect for instructors who are currently teaching edged weapons defense but want to enhance the spontaneous defense aspect of their system. The course can easily be used as a "plug & play" insert for any existing edged weapon system.

All individuals who take the Shockknife Spontaneous Edged Weapon Defense Instructor Course will be given free access to the Shockknife Online Safety Monitor Certification Course, a \$99.00 value!

### Course Topics:

#### **Analysis of Autonomic Reflexive Actions to Spontaneous Assaults:**

A break down of the most common physical reactions to unanticipated, spontaneous assaults is analyzed. This is the starting point for any true spontaneous defense system. Instructors will be shown how to recreate these actions in training.

#### **Pattern Recognition:**

The course does not focus on singular attacks, but on patterns of attack. Our research shows that most officers will recognize the pattern of attack even if they do not actually see the weapon. The course provides drills to enhance recognition of these patterns.

#### **Pattern Discrimination:**

Unfortunately during a real spontaneous assault, the officer may not identify a weapon is involved. The course provides drills to assist the officer in distinguishing between an armed attack and an unarmed attack. The initial response is the same, but the training will help the officer with weapon selection and prevent inappropriate responses.

#### **Armed Officer Response:**

Instructors will be taught specific drills to enhance the performance of officers who are armed with a firearm. The focus will be on disengagement and threat recognition. Drawing while moving is examined and enhanced with drills.

#### **Unarmed Officer Response:**

Instructors will be taught specific drills to enhance the performance of officers who do not carry firearms, such as correctional officers. The focus will be on disengagement, escape and/or survival strategies.

### Course Objectives:

1. Identify nomenclature of the Shockknife SK-2 and Stressblade.
2. Perform and identify all 5 steps of the Shockknife Function Test.
3. Perform and identify all 6 steps of the Shockknife Shock Adjustment test.
4. Identify and explain all 10 safety rules required to train with Shockknife products.
5. Define Spontaneous Assault.
6. Identify the two basic knife grips.
7. Identify and demonstrate the three most common patterns of edged weapon attacks.
8. Identify and demonstrate the most probable unarmed human reaction to a spontaneous edged weapon attack to the upper and lower body.
9. Demonstrate separation strategies for edged weapon attacks to the upper and lower body when unarmed.
10. Demonstrate cognitive strategies to maintain separation.
11. Identify and demonstrate the most probable armed human reaction to a spontaneous edged weapon attack to the upper and lower body.
12. Demonstrate separation and drawing strategies for edged weapon attacks to the upper and lower body when armed.